

Frost PTA Meeting 11/11/ 14 in the Media Center

In attendance:

Mr. Reed, Mr. Johnson, Weiming Qi, Ursula Ratcliff, Dr. Jones, Nancy Deprey, John Casper, Toby Salahuddin, Amy Bryan, Julie Krieger, Ioana Spatarie, Juyi Zhang, Marie Well-Badr, Jonathan Groub

## **Social Emotional Learning (SEL) presentation**

by Mr. Reed and Mr. Johnson

- \*SEL is defined by acquiring knowledge, attitudes and skills necessary to understand and manage emotions
- \*Set and achieve positive goals
- \*Feel and show empathy for others
- \*Establish and maintain positive relationships
- \*Make responsible decisions

Edutopia video on youtube

Self-awareness – aware of physical space, etc

self-management – regulate emotions

social awareness – empathy for others

**relationships** – work cooperatively with someone; resolve conflict

decision-making – evaluating consequences for actions

Research Says...

- SEL increases academic performance, attitude toward school, helping behaviors,
- SEL decreases aggressive behavior, emotional distress, suspensions, truancy, substance abuse
- Strong sense of self lets you to be who you are

SEL in the Frost learning environment – classroom experiences enhancing social and emotional competencies. Theme this year is , “Be your best S.E.L.F “(social emotional learning at Frost)

\*Frost SEL committee

Dr. Jones and Mr. Reed just attended a workshop in Quantico about the Medal of Honor program; working on a way to implement this type of program in the curriculum

Something parents can do is go to the Montgomery County Public Schools website and read up on SEL and educate themselves

## **Williams Foundation Presentation**

What core leadership skills do students need to learn and apply?

There are award winners

March 28<sup>th</sup>, 2015 will be the second Be T.R.U.E. -5K run/walk event at Wootton.

[http://www.woottonboosterclub.org/sw\\_runwalk.html](http://www.woottonboosterclub.org/sw_runwalk.html)

## **Membership /Budget Update**

537 members

67 teachers

Deserae has a lot of older items of Spiritwear that are not selling very well; maybe we should give them away as a raffle – maybe in the spring in conjunction with the race

Current balance is \$8K

We will distribute directories and tshirts during lunches as soon as the directories come in.

January speaker for PTA meeting - \$250 managing han-held devices

January school wide speaker – youth mover, \$1500

NYC Band trip support \$1300 (5 students requesting support)

Teacher training \$450 –staff education line item

Amy Bryan made a motion to add a line item for \$2000 in the budget for the school wide speaker (come from surplus in the membership). John Casper seconded the motion.

We will not do the cookie exchange this year, but will provide dessert for teachers at their December luncheon

Board members update:

Nancy Deprey – CIP – Wootton , Cold Spring and Dufief are all affected. Proposing that Wootton be modernized scheduled to be completed by 2020. (grounds in 2021). Cluster will speak tomorrow night, Wednesday, Carver Ed. Bldg. Starts at 7pm and we will be the fourth group to present. A high school student will present. We are always very positive when we present to the board but want to make sure that we are still on the list to receive funds to be renovated. HVAC system, overcrowded hallways, music dept can not offer more courses bc there are not enough rooms.

Dr. Jones said that in 13 years, the projection has been for the enrollment will level off or decline and that is never the case.

People should wear red/Wootton and stand when Wootton testimony is given. Amy has signs she can send to the meeting.

Rachel Carson is overcrowded and there is an idea on the table that those kids would go to DuFief. Another possibility is going to Jones Lane.

Other items:

Ms. Salahuddin is in charge of the facebook group for Frost. She is verifying (by looking in the directory) that people who want to join the group is indeed a Frost parent.

Ms. Salahuddin asked for the minutes to be put on the website; want to take the calendar off bc it is redundant with the school website

\*During NOW reading, there have been cyber-civility lessons for the past couple of years

\*Dr. Jones said that the annual talent show was a huge success

\*We are up to 3 buses in after school activities

\*The turkey trot is this Friday, 11/14/14

\*Mr. Reed and Mr. Johnson have presented multiple times and places this summer and fall an extended version of what they presented tonight

\*Girls on the Run is going well.

\*John Casper asked to post a link to the following on the website:  
[www.greenblatteducationfund.org](http://www.greenblatteducationfund.org)

We should nominate a teacher!

\*Dr. Jones talked about a survey that will be given Thursday morning; State of MD