



**Robert Frost
Middle School
2008 Spring
Club Sign-Up Packet**

**After-school Activities Coordinator:
Kofi Frempong (301-279-3949)**

EXTRACURRICULAR ACTIVITIES

Spring 2008

- Notes:**
- * To participate in any activity taking place after school, **the \$30.00 extracurricular activities fee must be sent to the "MCPS central office."**
DO NOT MAKE CHECKS OUT TO ROBERT FROST.
(Fee forms can be obtained in the main office.)
 - * In order to remain in any after school activity students must maintain a 2.0 grade point average (GPA) with the exception of these clubs:
 - Homework Club
 - Lutheran Home Tutoring
 - Wootton Tutoring
 - Computer Works: Reading/Writing/Math
 - * Students will be assigned to clubs on a first-come-first-served basis, and some only have limited space, so students should sign up quickly to get the clubs they want!
 - * Students who stay after school must be under adult supervision by 2:50 pm until 4pm.
 - * Spring Clubs will begin Tuesday, February 5th and end Thursday May 22nd.

Spring After School Activities

ART CLUB

Open to all grades for general art activities and independent projects. Students will practice basic drawing, painting, and sculpture principles by creating their own projects. A minimum materials fee may be required.

Sessions: Tuesdays LIMIT: 25 students
Location: Room 113
Sponsor: Mrs. Polimadei

BLACK SAGA CLUB

Students are prepared in facts on African American history for competition against other schools both in the county and state.

Sessions: Thursdays
Location: Room 202
Sponsor: Mrs. Johnson

GAMES CLUB

Students will have the opportunity to meet others and participate in a variety of board games such as chess, checkers, Monopoly, and others. Students may also bring in their own games to share.

Sessions: Thursdays LIMIT: 25 students
Location: Room 112
Sponsor: Mr. Scribner

COMPUTER WORKS: READING/WRITING/MATH

Students can improve their reading fluency, math skills or strengthen their writing skills through the use of computer software.

Sessions: Thursdays
Location: Computer Lab - Room 213
Sponsors: Mr. Whang

CRAFTS CLUB

Students will create a variety of projects with beads, clay, fabric, paper and paints. Mid-year supply fee is \$2.50 payable to Robert Frost.

Sessions: Wednesdays
Location: Room 101
Sponsor: Mrs. Morrow

FANTASY SPORTS CLUB

Students act as general managers as they draft, trade, and keep statistics on their very own football and basketball teams.

Sessions: Tuesdays
Location: Computer Lab - Room 254 LIMIT: 24 students
Sponsor: Mr. Reddington

FITNESS CLUB

The Fitness Club is for students who want to fulfill fitness goals. Students may want to increase their endurance, build muscle, or lose weight. Activities will include running, stationary bike, light weightlifting, stretching, and various exercises.

Sessions: Wednesdays
Location: Auxiliary Gym 2
Sponsor: Mr. Whang

INTERNATIONAL CLUB

Students will help plan activities to foster awareness and appreciation of the many cultures that make up Frost. They will also work on preparations for International Night taking place in May.

Sessions: First Thursday of each month
Location: Room 114
Sponsor: Mrs. Morrow

SCI-FI MOVIE CLUB

We will be viewing several science fiction/disaster movies, including "Twister", "Dante's Peak" and "Deep Impact" among others, and discussing how accurately the films depict scientific phenomena. Many of the films are rated PG-13, so a parent permission form will be required in order to be a member of the club.

Sessions: Thursdays
Location: Room 154
Sponsor: Mr. Leatherman

STEP TEAM

Students will learn and create choreographed dance steps.

Sessions: Tuesdays
Location: Auxiliary Gym 2
Sponsor: Mr. Whang

WEB PAGE DESIGN CLUB

Students will learn how to develop and maintain personal web pages to showcase their interests and hobbies. Students will also learn how to create web pages for interested teachers. This club is limited to the first 15 students who sign up. Students who participated in fall may not participate in spring.

Sessions: Tuesdays
Location: Room 111
Sponsor: Ms. Uza

LIMIT: 15 students

INTRAMURAL SPORTS

Intramural sports are offered to students after school on Tuesdays, Wednesdays, and Thursdays. A variety of athletic activities are planned including field hockey, track and basketball. See Mrs. Nechanicky for a schedule of activities and grade levels.

“OPEN DOOR” ACTIVITIES

**These programs do not require a sign up in order to attend.
The tutoring programs also do not require a 2.0 GPA in order to attend**

LUTHERAN HOME TUTORING

Members of the National Lutheran Home visit Frost after school on the 1st, 3rd and 4th Tuesdays of the month to assist our students with homework (the 2nd Tuesday of the month is an opportunity for our students to visit the assisted-living residents of the National Lutheran Home, though this visit is separate from the Lutheran Home Tutoring program).

Sessions: Tuesdays
Location: Rooms 203
Sponsor: Mr. Gregory

WOOTTON TUTORING

Do you need help with homework? Wootton High School students tutor Frost students giving them the guidance and encouragement needed to complete their assignments.

Sessions: Thursdays
Location: Media Center
Sponsor: Ms. Gilger

HOMEWORK CLUB

Do you need a quiet place to do homework? Do you sometimes need help with questions? Do you need to "catch up" on work occasionally? If you answered, "YES," to any of the questions, then Homework Club is designed for you!

Sessions: Wednesdays
Location: Room 111
Sponsor: Ms. Uza

APPLICATION FOR AFTER-SCHOOL CLUB PARTICIPATION Spring 2008

See your P.E. teacher for a separate application for Intramurals.

Last Name: _____ First Name: _____ Grade: _____

Please rank your top 5 choices of clubs:(1=1st choice, 2=2nd choice, etc.)

___ Art Club.....	Tuesday
___ Web Page Design.....	Tuesday
___ Fantasy Sports Club.....	Tuesday
___ Eco Club.....	Tuesday
___ Crafts Club.....	Wednesday
___ Science Club.....	Wednesday
___ Homework Club.....	Wednesday
___ Fitness Club.....	Wednesday
___ Stock Market Club	Wednesday
___ Sci-Fi Movie Club.....	Thursday
___ Wootton Tutoring	Thursday
___ Black Saga Club.....	Thursday
___ Games Club.....	Thursday
___ International Club.....	Thursday (1 st of month)
___ Computer Works: Reading/Writing/Math	Thursday

I give permission for my child to participate in the above activities. I understand that I will be responsible for providing transportation unless my child can ride the activity bus. **The activity bus transports students to the Willows, Dufief, Rio, and Travilah areas only. The bus leaves Frost at 4:15 P.M. on Tuesday, Wednesday, and Thursday.**

The activity bus stops are:

- | | | |
|-------------------------------|-----------------|--------------------|
| - Willows | - Treworthy | - Dufief Mill Road |
| - Flints Grove Road | - Rio Boulevard | - Dufief Drive |
| - River Road | - Travilah Road | |
| - Coral Gable & Frances Green | | |

PARENT SIGNATURE: _____ DATE: _____

**RETURN THIS APPLICATION TO THE MAIN OFFICE BY JANUARY 31ST.
CLUBS ARE SUBJECT TO AVAILABILITY.
SEE MR. FREMPONG OR YOUR CLUB SPONSOR WITH QUESTIONS!**